

OTHER SUPPORTIVE SERVICES

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| Aging & Long Term Services & Supports | 800-422-3263 |
| Assistive Technology | 800-214-8731 |
| Developmental Disabilities | 800-462-0624 |
| Hearing Aid Assistance | 328-6900 |
| Lilac Services for the Blind | 328-9116 |
| Lutheran Community Services | 747-8224 |
| Mental Health Support (NAMI) | 838-5515 |
| Parkinson's Resource Center | 443-3361 |
| Red Cross | 326-3330 |
| Retired and Senior Volunteer Program (RSVP) | 344-7787 |
| Salvation Army | 325-6821 |
| Veterans Affairs | 800-827-1000 |
| Volunteer Chore Services | 459-6172 |
| WA State Dept Services for the Blind | 456-4458 |
| Spokane County Veterans Services | 477-3690 |

Aging & Long Term Care of Eastern Washington

1222 N. Post St. | Spokane, WA 99201
TEL 509-458-2509 | FAX 509-458-2003
action@altcew.org | www.altcew.org

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No person shall be excluded from participation in, be denied the benefits of, or employment in, or otherwise be subjected to discrimination under any ALTCEW program or activity on the grounds of race, color, creed, national origin, religion, sex, age, marital status, Vietnam era or disabled veteran's status, or the presence of any sensory, mental, or physical handicap.



Spokane County Information, Referral & Assistance in Spokane County

509-960-7281 | www.altcew.org

ADVOCACY. ACTION. ANSWERS.

COMMUNITY LIVING CONNECTIONS PARTNERS



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| Aging & Long Term Care of Eastern Washington People needing long-term service and support | 509-458-2509 |
| Alzheimer's Association, WA State Chapter Families with Alzheimer's and related dementias | 800-272-3900 |
| Avista Utilities Billing and payment options; assistance and referrals | 800-227-9187 |
| Catholic Charities Spokane Low income elders and people with disabilities | 509-358-4250 |
| CHAS Health Quality Healthcare in your neighborhood | 509-444-8200 |
| Disability Action Center People with disabilities (S.E. WA and Northern ID) | 800-475-0070 |
| Frontier Behavioral Health/Raschko Branch Elders, people with disabilities, and their caregivers | 509-458-7450 |
| Long Term Care Ombudsman/SNAP Elders and people with disabilities in licensed long-term care facilities | 509-456-7133 |
| Rural Resources Community Action Elders, people with disabilities, and caregivers | 800-873-5889 |
| Spokane Center For Independent Living People with disabilities | 509-326-6355 |
| Volunteers of America of Eastern WA & North Idaho Homeless veterans | 509-624-2378 |

Regional Crisis Line

1-877-266-1818

For more listings, visit www.waclc.org

EMPLOYMENT

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| AARP Senior Community Service Employment | 325-7712 |
| Dept Vocational Rehabilitation | 363-4700 |
| Worksource Spokane | 532-3120 |
| Home Care Referral Registry | 458-2509 |
| Skills 'Kin | 326-6760 |
| SSI/SSDI Employment | 866-968-7842 |

HEALTH/MEDICAL/DENTAL

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| CHAS | 444-8200 |
| Frontier Behavioral Health | 838-4651 |
| Kindred at Home | 473-4900 |
| Hospice of Spokane | 456-0438 |
| N.A.T.I.V.E Health of Spokane | 483-7535 |
| Providence Adult Day Health | 482-2475 |
| Providence Health Services | 855-359-6321 |
| Spokane County Medical Society Health District | 325-5010 324-1500 |
| Visiting Nurses Association | 534-4300 |

HOME/HOUSING

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| Adult Family Home/Out-of-Home Placement | 568-3700 |
| Adult Family Home Complaints | 800-562-6078 |
| Block Watch | 625-3300 |
| NE WA Housing Authority | 328-2953 |
| Northwest Fair Housing | 325-2665 |
| Nursing Home Placement | 568-3700 |

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| Residential Care Services (DSHS) | 323-7300 |
| Spokane Indian Housing Authority | 509-818-1460 |

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| Spokane Neighborhood Action Partners (SNAP) | 456-7111 |
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IN-HOME CARE SERVICES

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| A Aging Better In-Home Care | 464-2344 |
| Addus Health Care | 326-1090 |
| Beneficial In-Home Care Inc. | 323-0390 |
| Chesterfield Services | 326-4655 |
| Family Resource Home Care | 473-4949 |
| Havenwood | 535-1546 |
| Home and Community Services/ Medicaid In Home Intake | 568-3700 |
| ResCare of Washington | 847-0300 |
| Spokane Tribe of Indians | 458-6500 |
| Volunteer Chore | 459-6172 |

INTERPRETER SERVICES

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| NEXUS | |
| Inland NW Voice / TTY | 800-214-3323 or 328-9220 328-3728 |
| Spokane International Translation | 327-8064 |

If you suspect abuse, neglect, or exploitation of a vulnerable adult

(1-800-459-0421)

LEGAL/CONSUMER CONCERNS

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| AARP Volunteer Income Tax Assistance | 888-227-7669 |
| Attorney General | 456-3123 |
| Better Business Bureau | 455-4200 |
| Center For Justice | 835-5211 |
| CLEAR Senior Legal Services | 888-387-7111 |
| Crime Check | 456-2233 |
| Crime Stoppers | 800-222-8477 |
| Disabled Parking Permits | 477-2222 |
| Disability Rights | 800-562-2702 |
| DSHS/Nursing Home Patient Complaints | 800-562-6078 |
| Free Consumer Credit Counseling Taxpayer Assistance | 800-829-1040 |
| Legislative Hotline | 800-562-6000 |
| Medicaid Eligibility | 800-562-3022 |
| Medicaid Fraud | 800-562-6906 |
| Medicare | 800-MEDICARE (800-633-4227) |
| Money Management International | 800-308-2227 |
| Office of the Insurance Commissioner | 800-562-6900 |
| Property Tax Exemption | 477-5754 |
| Social Security Administration | 800-772-1213 |
| Spokane County Guardianship | 477-2622 |
| Statewide Health Insurance Benefits Advisors (SHIBA) | 800-562-6900 |
| University Legal Assistance | 313-5791 |

NUTRITION

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| Greater Spokane County Meals on Wheels | 924-6976 |
| Second Harvest Food Bank | 534-6678 |
| Senior Nutrition Program Info | 924-6976 |

SENIOR COMMUNITY CENTERS

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| Airway Heights Community Center | 244-4845 |
| American Indian Community Center | 535-0886 |
| Corbin Senior Activity Center | 327-1584 |
| Deer Park Senior Center | 276-2411 |
| East Central Community Center | 868-0856 |
| Hillyard Senior Center | 482-0803 |
| Mid-City Senior Center | 747-3257 |
| Southwest Spokane Community Center | 624-8634 |
| Sinto Senior Activity Center | 327-2861 |
| Southside Senior Activity Center | 535-0803 |
| Spokane Valley Senior Center | 926-1937 |
| West Central Community Center | 326-9540 |

TRANSPORTATION

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| Catholic Charities (volunteers) | 459-6171 |
| Special Mobility Services (SMS) | |
| Local Bus Transit | 534-7171 |
| Medicaid Medical Appointments | 534-9760 |
| Hearing Impaired TDD | 534-8566 |
| Spokane Transit Authority (STA) Paratransit | 328-1552 |
| Bus Passes/ Schedule Info | 328-RIDE (328-7433) |
| Hearing Impaired TDD | 327-6055 |
| Veterans Administration | 434-7019 |