



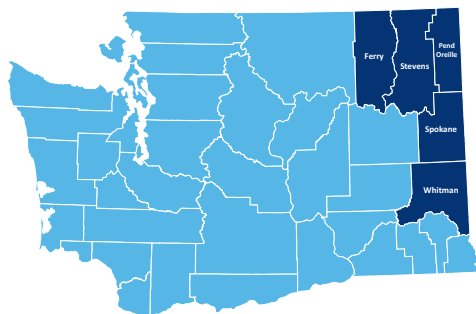
Our vision is to provide the best home and community-based services to support healthy living and aging in place.
We listen. We adapt. We provide solutions.

SERVING RESIDENTS OF:

Ferry, Pend Oreille, Spokane, Stevens and Whitman Counties in the State of Washington.

Spokane County
509.960.7281

Ferry, Stevens, Whitman and
Pend Oreille County
800.873.5889



**Aging &
LONG TERM
Care**
OF EASTERN WASHINGTON

CONTACT US AT

HELPLINE: **509.960.7281**

OFFICE: **509.458.2509**

ALTCEW.ORG
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1222 N. POST ST, SPOKANE, WA 99201

No person shall be excluded from participation in, be denied the benefits of, or employment in, or otherwise be subjected to discrimination under any ALTCEW program or activity on the basis of race, color, creed, national origin, religion, sex, age, marital status, Vietnam era or disabled veteran's status, sexual orientation, or the presence of any sensory, mental, or physical disability.

**YES,
YOU CAN
STAY AT HOME**

ADVOCACY. ACTION. ANSWERS.

Discover the resources you need to plan, prepare for and support living independently for as long as possible in Eastern Washington.



**Aging &
LONG TERM
Care**
OF EASTERN WASHINGTON



Aging & Long Term Care of Eastern Washington

We're advocates for older adults and adults with disabilities. We help these individuals, their caregivers, and family members, access a wide network of community resources and services to help them live at home independently.

By offering these services and many more, individuals receive the long term support that enables them to remain in the community for as long as possible.



HERE'S HOW WE CAN HELP

Information and Assistance

- Access community resources
- Free, unbiased Medicare and Medicaid insurance counseling
- Help navigating options for long term care
- Falls prevention training and classes

Caregiver Assistance

- Adult Day Services, if your caregiver needs a break
- Family Caregiver Support, for families caring for their loved ones
- Kinship Caregiver Support, for family members raising a loved one's child

In-Home Support Services

- Person-centered health planning, to help you set goals and take action
- Medicaid Case Management, for those who need care from a caregiver
- Nursing Consultation, for those who need professional nursing assistance

Additional Services

- Bathing Assistance
- Nutrition Assistance
- Advocacy for Residents, in nursing homes, adult family homes, and assisted living facilities
- Minor Home Repair or Modifications
- Senior Transportation, for those who have no other means of transportation
- And many more!
- Dental Care Access
- Legal Assistance

**WE'RE HERE TO HELP,
PLEASE CONTACT US TODAY!**

*If you would like to learn about
our volunteer opportunities,
please check out our website!*