

Spokane Area Dementia Friendly Community



Available Community Resources Related to Priority Areas Identified in the Autumn 2020 Dementia Needs Assessment Survey

Compiled during Zoom Community Engagement Meetings
Wednesday, April 21, 2021 and Thursday, April 22, 2021

Priority Area #1:

Increase community member's knowledge about the warning signs of dementia

Activities	Partners
10 Warning Signs of Alzheimer's	The Alzheimer's Association <ul style="list-style-type: none"> • https://www.alz.org/alzheimers-dementia/10_signs
Lunch and Learn	The Alzheimer's Association <ul style="list-style-type: none"> • InquiryWA@alz.org • P: (509) 456-0456 • F: (855) 819-1590
Alzheimer's Association 24-hour Helpline	The Alzheimer's Association <ul style="list-style-type: none"> • 24-Hour Helpline Phone: 1-(800)-272-3900
Staying Connected	The Alzheimer's Association & Aging & Long Term Care of Eastern Washington <ul style="list-style-type: none"> • https://www.alz.org/alzwa • https://www.alz.org/alzwa/about_us/contact_us • https://www.altcew.org/programs-services/information-and-assistance/
Dementia Friends	Aging & Long Term Care of Eastern Washington <ul style="list-style-type: none"> • https://dementiafriendsusa.org/ • https://www.altcew.org/about-who-we-are/spokane-area-dementia-friendly-community/ • P: (509) 458-2509 • dementia@altcew.org
Community Living Connections (CLC)	Aging & Long Term Care of Eastern Washington <ul style="list-style-type: none"> • https://www.altcew.org/programs-services/information-and-assistance/ • https://washingtoncommunitylivingconnections.org/consite/connect/ • P: (509) 960-7281 • Toll Free: 1-(855) 567-0252
Dementia Action Collaborative	Dementia Action Collaborative <ul style="list-style-type: none"> • https://www.dshs.wa.gov/altsa/dementia-action-collaborative
The Dementia Roadmap	Dementia Action Collaborative <ul style="list-style-type: none"> • The Dementia Roadmap
Apply for Hospice and palliative care earlier than normal, not at the end of the journey	Spokane Palliative Care <ul style="list-style-type: none"> • https://www.hospiceofspokane.org/services/spokane-palliative-care/ • P: (509) 532-6737 • Email: info@hospiceofspokane.org. Horizon Hospice and Palliative Care <ul style="list-style-type: none"> • http://horizonhospice.com/ • P: (509) 489-4581

	Providence Palliative Care <ul style="list-style-type: none"> • https://www.providence.org/locations/wa/sacred-heart-medical-center/palliative-care • P: (509) 455-3854 • F: (509) 474-6896
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Priority Area #2:

Increase the community's awareness of resources and organizations than can help support people living with dementia and their families

Activities	Partners
Alzheimer's Association 24-hour Helpline	The Alzheimer's Association <ul style="list-style-type: none"> • 24-Hour Helpline Phone: 1-(800)-272-3900
Community Living Connections (CLC)	Aging & Long Term Care of Eastern Washington <ul style="list-style-type: none"> • https://www.altcew.org/programs-services/information-and-assistance/ • https://washingtoncommunitylivingconnections.org/consite/connect/ • P: (509) 960-7281 • Toll Free: 1-(855) 567-0252
Caregiver Support Services (Respite care, support groups, equipment and more)	Frontier Behavioral Health <ul style="list-style-type: none"> • https://fbhwa.org/ • 24/7 Regional Crisis Line P: (1-877)-266-1818 • Phone-based appointments P: (509) 838-4651 Alzheimer's Association <ul style="list-style-type: none"> • https://www.alz.org/alzwa/about_us/contact_us • InquiryWA@alz.org • Spokane Office: P: (509) 456-0456 F: (855) 819-1590
Adult Day Programs	Providence ElderPlace Adult Day Health <ul style="list-style-type: none"> • https://www.providence.org/locations/wa/elderplace-spokane • P: (509) 482-2475
Educational Programs (Staying Connected, Lunch and Learns, Workshops)	Alzheimer's Association <ul style="list-style-type: none"> • https://www.alz.org/alzwa/about_us/contact_us • InquiryWA@alz.org • P: (509) 456-0456 • F: (855) 819-1590 Aging and Long Term Care of Eastern Washington <ul style="list-style-type: none"> • https://www.altcew.org/programs-services/information-and-assistance/ • P: (509) 458-2509
Public Awareness Campaigns (Dementia Friends, Media Outreach)	Alzheimer's Association <ul style="list-style-type: none"> • https://www.alz.org/alzwa/about_us/contact_us • InquiryWA@alz.org • Spokane Office: P: (509) 456-0456 F: (855) 819-1590 Aging and Long Term Care of Eastern Washington <ul style="list-style-type: none"> • https://www.altcew.org/about-who-we-are/spokane-area-dementia-friendly-community/ • P: (509) 458-2509

	<ul style="list-style-type: none"> • dementia@altcew.org
Palliative Care Programs	<p>Spokane Palliative Care</p> <ul style="list-style-type: none"> • https://www.hospiceofspokane.org/services/spokane-palliative-care/ • P: (509) 532-6737 • Email: info@hospiceofspokane.org. <p>Horizon Hospice and Palliative Care</p> <ul style="list-style-type: none"> • http://horizonhospice.com/ • P: (509) 489-4581 <p>Providence Palliative Care</p> <ul style="list-style-type: none"> • https://www.providence.org/locations/wa/sacred-heart-medical-center/palliative-care • P: (509) 455-3854 • F: (509) 474-6896
Vulnerable Adult Crime Victim Section will be doing fraud awareness session	<p>Lutheran Community Services Northwest</p> <ul style="list-style-type: none"> • https://lcsnw.org/office/spokane/ • P: (509) 747-8224 • F: (509) 747-0609
Utilize Meals on Wheels to give information about dementia services/resources to clients	<p>Meals on Wheels Spokane</p> <ul style="list-style-type: none"> • www.mowspokane.org • P: (509) 456-6597 <p>Meals on Wheels Greater Spokane County</p> <ul style="list-style-type: none"> • https://gscmealsonwheels.org/ • P: (509) 924-6976
PACE Programs for All-inclusive Care for the Elderly	<ul style="list-style-type: none"> • https://www.dshs.wa.gov/altsa/program-all-inclusive-care-elderly-pace • https://www.providence.org/services/pace-and-adult-day-programs/elderplace-in-wa • P: (206) 320-5325
Powerful Tools for Caregivers	<p>YMCA of the INLAND Northwest</p> <ul style="list-style-type: none"> • https://ymcainw.org/programs/healthy-living/ • P: (509) 777-9622 • F: (509) 343-4096

Priority Area #3

Increase community member's skills for interacting with people living with dementia

Activities	Partners
Awareness Campaigns	--
Dementia Roadmap for WA	<p>Dementia Action Collaborative of WA</p> <ul style="list-style-type: none"> • https://www.dshs.wa.gov/sites/default/files/ALtsA/stakeholders/documents/AD/Dementia%20Road%20Map%20-%20A%20Guide%20for%20Family%20and%20Care%20Partners.pdf
Alzheimer's Facts & Figures: The Economic & Social Impact of Alzheimer's & Dementias on Our Community	<p>Alzheimer's Association</p> <ul style="list-style-type: none"> • https://www.alz.org/media/Documents/alzheimers-facts-and-figures.pdf

<p>Dementia Friends</p> <ul style="list-style-type: none"> • Mentor-based, dementia friendly training 	<p>Aging & Long Term Care of Eastern Washington</p> <ul style="list-style-type: none"> • https://dementiafriendsusa.org/ • dementia@altcew.org • P: (509) 458-2509
<p>Dementia Targeted Age-Tech</p>	<p>--</p>
<ul style="list-style-type: none"> • Personalized Content-driven Engagement • Sensors, Robotics, and Assistive Technologies 	<p>Generation Connect</p> <ul style="list-style-type: none"> • https://wearegenerationconnect.com/about/ • P: (800) 895-2919 <p>Memories by Design</p> <ul style="list-style-type: none"> • https://www.memoriesbydesign.com/ • P: (800) 223-3050 OR (509) 343-0113 • Email: info@memoriesbydesign.com <p>Zinnia TV</p> <ul style="list-style-type: none"> • https://www.zinniatv.com/ <p>WSU</p> <ul style="list-style-type: none"> • https://www.thegerontechnologist.com/what-is-age-tech/
<p>Community-Based Planning Tools</p>	<p>--</p>
<p>Dementia Legal Planning Toolkit</p> <ul style="list-style-type: none"> • Durable Power of Attorney • Healthcare directive 	<p>Northwest Justice Project</p> <ul style="list-style-type: none"> • https://nwjustice.org/office-locations • P: (888) 201-1014 • Seniors P: (888) 387-7111
<p>Elder Law Attorney Group to spread the information by mouth (provide paper local roadmap)</p>	<p>Elder Law Group</p> <ul style="list-style-type: none"> • https://elderlawgroupwa.com/ • P: (509) 468-0551 • Email: info@elgwa.com
<p>GoldenSHERPA.com is a senior living marketplace</p>	<ul style="list-style-type: none"> • www.Goldensherpa.com • P: (509) 290-3023 • Email: info@goldensherpa.com