

OTHER SUPPORTIVE SERVICES

Aging & Long Term Services & Supports	800-422-3263
Assistive Technology	800-214-8731
Developmental Disabilities	800-462-0624
Hearing Aid Assistance	509-328-6900
Lilac Services for the Blind	509-328-9116
Lutheran Community Services	509-747-8224
Mental Health Support (NAMI)	509-838-5515
Parkinson's Resource Center	509-443-3361
American Red Cross	509-326-3330
Retired and Senior Volunteer Program (RSVP)	509-344-7787
Salvation Army	509-325-6821
Veterans Affairs	509-462-2500
Volunteer Chore Services	509-459-6172
WA State Dept Services for the Blind	509-456-4458
Spokane County Veterans Services	509-477-3690

For more listings, visit www.waclc.org



CONTACT US AT

HELPLINE: 509.960.7281

OFFICE: 509.458.2509

ALTCEW.ORG

ACTION@ALTCEW.ORG

1222 N. POST ST, SPOKANE, WA 99201



Spokane County

ADVOCACY. ACTION. ANSWERS.

**Information,
Referral &
Assistance**

509-960-7281 | www.altcew.org



**COMMUNITY LIVING
CONNECTIONS PARTNERS**

Aging & Long Term Care of Eastern Washington	509-458-2509
Elders, individuals with disabilities in need of long-term service and support	
Alzheimer's Association, WA State Chapter	800-272-3900
Families with Alzheimer's and related dementias	
Avista Utilities	800-227-9187
Billing and payment options; assistance and referrals	
Catholic Charities Spokane	509-358-4250
Low-income elders and individuals with disabilities	
CHAS Health	509-444-8200
Quality Healthcare in your neighborhood	
Disability Action Center	800-475-0070
Individuals with disabilities (S.E. WA and Northern ID)	
Frontier Behavioral Health/Raschko Branch	509-458-7450
Elders, individuals with disabilities, and caregivers	
Long Term Care Ombudsman/SNAP	509-456-7133
Elders and individuals with disabilities in licensed long-term care facilities	
Rural Resources Community Action	800-873-5889
Elders, individuals with disabilities, and caregivers	
Volunteers of America of Eastern WA & North Idaho	509-624-2378
Homeless individuals with disabilities and Veterans	

Regional Crisis Line 1-877-266-1818

This publication is made possible by funding from the Older Americans Act and the Senior Citizens Services Act and may be made available in alternative formats upon request. No person shall be excluded from participation in, be denied the benefits of, or employment in, or otherwise be subjected to discrimination under any ALTCEW program or activity on the grounds of race, color, creed, national origin, religion, sex, age, marital status, Vietnam era or disabled veteran's status, or the presence of any sensory, mental, or physical handicap.

EMPLOYMENT

AARP Senior Community Service Employment	509-325-7712
Dept Vocational Rehabilitation	509-363-4700
Worksource Spokane	509-532-3120
Home Care Ind Provider	866-214-9899
Skills 'Kin	509-326-6760
SSI/SSDI Ticket To Work	866-968-7842

HEALTH/MEDICAL/DENTAL

CHAS	509-444-8200
Frontier Behavioral Health	509-838-4651
Kindred at Home	509-473-4900
Hospice of Spokane	509-456-0438
The NATIVE Project	509-483-7535
Providence ElderPlace	509-482-2475
Spokane Co Medical Society	509-325-5010
Health District	509-324-1500
Visiting Nurses Association	509-534-4300

HOME/HOUSING

Adult Family Home/Assisted Living/Nursing Home Placement	509-568-3700
Adult Family Home Complaints	800-562-6078
Block Watch	509-625-3300
NE WA Housing Authority	509-747-7415
Northwest Fair Housing	509-325-2665

Residential Care Services (DSHS)	509-323-7300
Spokane Indian Housing Authority	509-818-1460
Spokane Neighborhood Action Partners (SNAP)	509-456-7627

IN-HOME CARE SERVICES

AAging Better In-Home Care	509-464-2344
Addus Health Care	509-326-1090
Beneficial In-Home Care Inc.	509-323-0390
Chesterfield Services	509-326-4655
Family Resource Home Care	509-473-4949
Havenwood	509-535-1546
All Ways Caring Home Care	509-524-8380
Spokane Tribe of Indians	509-458-6500
Volunteer Chore Services	509-459-6172
Home and Community Services Intake	509-568-3700

INTERPRETER SERVICES

NEXUS Inland NW: Voice / TTY	509-328-9220
Videophone	509-328-3728
Spokane International Translation	509-315-2288
	509-327-8064

**If you suspect abuse, neglect, or exploitation of a vulnerable adult
1-800-459-0421**

LEGAL/CONSUMER CONCERNS

AARP Volunteer Income Tax Assistance	888-227-7669
Attorney General	509-456-3123
Better Business Bureau	206-431-2222
Center For Justice	509-835-5211
CLEAR Senior Legal Services	888-387-7111
Crime Check	509-456-2233
Crime Stoppers	800-222-8477
Disabled Parking Permits	509-477-2222
Disability Rights	800-562-2702
DSHS/Nursing Home Patient Complaints	800-562-6078
Free Consumer Credit Counseling	
Taxpayer Assistance	800-829-1040
Legislative Hotline	800-562-6000
Health Care Authority	800-562-3022
DSHS Public Benefits Fraud	800-562-6906
Medicare	800-MEDICARE (800-633-4227)
Money Management International	800-308-2227
Office of the Insurance Commissioner	800-562-6900
Property Tax Exemption	509-477-5754
Social Security Administration	866-331-5532
Spokane County Guardianship	509-477-2622
Statewide Health Insurance Benefits Advisors (SHIBA)	509-625-4801
University Legal Assistance	509-313-5791

NUTRITION

Greater Spokane County Meals on Wheels	509-924-6976
Second Harvest Food Bank	509-534-6678
Senior Nutrition Program Info	509-924-6976

SENIOR COMMUNITY CENTERS

Airway Heights Community Center	509-244-4845
American Indian Community Center	509-535-0886
Corbin Senior Activity Center	509-327-1584
Deer Park Senior Center	509-276-2411
East Central Community Center	509-868-0856
Hillyard Senior Center	509-482-0803
Mid-City Senior Center	509-747-3257
Southwest Spokane Community Center	509-624-8634
Sinto Senior Activity Center	509-327-2861
Southside Senior Activity Center	509-535-0803
Spokane Valley Senior Center	509-926-1937
West Central Community Center	509-326-9540

TRANSPORTATION

Catholic Charities (Volunteers)	509-459-6171
Special Mobility Services (SMS)	
Community Shuttles	509-534-7171
Medicaid Medical Appts	509-534-9760
Hearing Impaired TDD	800-821-7167
Spokane Transit Authority (STA)	
Paratransit/Senior Rides	509-328-1552
Bus Passes/Schedule Info	509-328-RIDE (7433)
TTY	711
Veteran Transportation Serv	509-434-7537