# 2023 RFP Q&As

**8/8/2022**

Q: I am wondering if you have the definitions of what Medically Tailored Meals are?

A: The Senior Nutrition Program Standards, refers to “Therapeutic Diets” starting on page 21:

#### “E. Therapeutic Diets:

SNP Providers may, but are not required to, offer meals and menus to accommodate therapeutic/modified diets. A therapeutic diet is designed to meet the requirements of a given situation and may be modified in individual nutrients, caloric values, consistency, flavor, techniques of food preparation, content of specific foods, or combinations of the preceding.

A current therapeutic diet prescription (no older than six months) should be signed by the participant's physician, RDN, or ICE and filed in the provider’s official files. Therapeutic diets must be planned, prepared and served by trained staff under monthly supervision and/or consultation of an RDN or ICE.”

“Medically Tailored Meals” are meals are delivered to individuals living with severe illness through a referral from a medical professional or healthcare plan.  Meal plans are tailored to the medical needs of the recipient by a Registered Dietitian Nutritionist (RDN), and are designed to improve health outcomes and lower cost of care. The nutrition standards are disease specific.  More information on the medically tailored meal intervention, including the medically tailored meal nutrition standards can be found on the Food is Medicine Coalition website <http://www.fimcoalition.org/>.

**8/11/2022**

Q:  Is Fee Subsidy Transportation for both Adult Day Care and Adult Day Health?

A:  Fee Subsidy Transportation is for both Adult Day Care and Adult Day Health.

Q: For the Technical Proposal, BA-1 Revenues and Expenditures, the Excel spreadsheet only contains one tab for this. Should we complete an additional tab for and prepare Revenues and Expenditures for both Adult Day Care and Adult Day Health?

A:   Yes, create an additional tab BA-1 Revenues and Expenditures as needed. For this RFP, the following budgets are required: One budget for Adult Day Care (SCSA) for January 1, 2023 to June 30, 2023 and one budget for July 1, 2023 to December 31, 2023.One budget for Adult Day Health (SCSA) for January 1, 2023 to June 30, 2023 and one budget for July 1, 2023 to December 31, 2023.One budget for Fee Subsidy Transportation (OAA Title IIIB) for calendar year 2023. *Please see updated RFP posting as this information has been updated to be included.*

**8/15/2022**

Q. Regarding Family Caregiver Support Program, can you clarify the difference between Support Services and Supplemental Goods/Services? The definition of Support Services on the spreadsheet (Contract Extension Forms – Exhibit C) is the same as our understanding of Supplemental.

A. Contract Extension Forms – Exhibit C, Tab TA-5 Quantitative Objectives - Family Caregiver Support Program inadvertently calls out Support Services instead of Supplemental Goods/Services. Support Services include Counseling, Training (such as Powerful Tools for Caregivers), and Support Groups.  Supplemental Services are goods and services. Refer to Long Term Care Manual Chapter 17a, Family Caregiver Support Program, APPENDIX E: FCSP CORE SERVICES DEFINITIONS FOR OAAPS REPORTING,  OAAPS FAMILY CAREGIVER SUPPORT PROGRAM CORE SERVICES. Tab TA-5 Quantitative Objectives - Family Caregiver Support Program has been corrected.

**8/22/2022**

Q: Regarding the additional funds related to covid, is there any qualification for this fund or any contractors can apply for it? Is there more detailed information how to prepare/ what kinds of documents need to be included in?

A: The intent of the funding is to support home and community-based services – ensuring that the needs of older adults could be met in their local communities during and in the aftermath of the COVID-19 pandemic. The funding can support activities authorized under ALTCEW’s Older Americans Act (OAA) programs and to support efforts related to COVID-19 vaccination outreach as well as to address COVID-19 related social isolation. Uses can include Senior Nutrition Services, Senior Legal, Senior Transportation, Community Living Connections, Minor Home Repair, Bath Assistance, Adult Day Services, Family Caregiver Support Program, Long Term Care Ombudsman, and Disease Prevention Health Promotion. Applicants for this additional funding should identify their 2023 needs and submit a description of what the additional funds would be used for and prepare a budget with related metrics (Number of persons to be served and Number of units to be provided) as a separate submission with their RFP and/or Contract Extension documents on or before September 2, 2022. Please use the Exhibit D forms TA-5 Quantitative Objectives (revise for your purposes if needed), BA-1 Revenue and Expenditures, BA-2 and BA-3 Revenue and Expenditures Narrative.

**8/23/2022**

Q:  Regarding Senior Nutrition, can you clarify how to classify “to-go” meals participants take home after dining at a congregate site.  Are they counted as additional congregate meals or as home-delivered meals?

A:  “To-go” meals should be counted as congregate meals. While congregate meal sites were closed during the COVI-19 public health emergency, ALTSA created two selections for entering data in the CLC GetCare system. One was takeout, and another HDM delivery. If the client was getting the meal from the congregate meal site, the unit would go toward Congregate meal units as takeout; however, if the food was delivered by volunteers, the unit would be added to Home delivery units. Now that the sites are open, any takeout by the clients is being considered Congregate meal.