

TO: Members, Planning and Management Council (PMC) FROM: Cy Parker Chair, Planning and Management Council

SUBJECT: ALTCEW Planning and Management Council Meeting Notice, Agenda, and Background Information

for the November 18, 2022 Meeting

Notice is hereby given by the **Aging & Long Term Care of Eastern Washington (ALTCEW)** Planning and management Council that a meeting for the Planning and Management Council on November 18, 2022 will commence at 9:00 A.M. at 1222 N Post St, Spokane, WA 99201.

The meeting will be conducted in-person and open to the public with board members, staff and presenters attending in-person.

Additional remote access will be provided for participants and members of the public who may wish to attend remotely. To attend the Planning and Management Council meeting, dial 346-248-7799 and enter Meeting ID 867 9765 6210 and password 534640 when prompted.

If the Zoom phone number dialed is busy due to increased demand, participants can dial one of the following alternative numbers.

669-900-6833 253-215-8782 929-205-6099

312-626-6799 301-715-8592

Individuals who wish to submit written comment on any agenda items to be considered for final action by the PMC at the meeting may submit their written comments by 10:00 am on November 17, 2022, by emailing at action@altcew.org and indicating "Public Comment" in the Subject line.

<u>NOTICE</u>: This meeting is open to the public to attend as described above. AMERICANS WITH DISABILITIES ACT (ADA) INFORMATION: ALTCEW is committed to providing equal access to its facilities, programs and services for persons with disabilities. Individuals requesting reasonable accommodations or further information may contact Khristina Scheideler, ADA Coordinator, at least 5 days before the meeting date, at (509) 458-2509 or at action@altcew.org. Persons who are deaf or hard of hearing may contact the Washington Relay Service at 7-1-1.

AGING & LONG TERM CARE OF EASTERN WASHINGTON Planning and Management Council

MEETING NOTICE

Planning and Management Council Meeting Friday, November 18, 2022 9:00 a.m.

AGENDA

9:00 – 9:30 am

- I. Call to Order and Welcome Cy Parker, PMC Chair
- II. Housekeeping and ground rules for Zoom meeting
- III. New Business

Action Item

a) Review/Approval of November 18, 2022, meeting agenda

Action Item

b) Review/Approval of October 21, 2022, meeting minutes

Action Item

- c) Review/Approval of 2023 PMC meeting dates
- IV. Executive Director's Report

9:30 am - 10:30am

V. Special Presentation: Planning: The Key to a Joyous Holiday, ALTCEW Dementia
Catalyst Teri Koski

10:30am - 10:45am

VI. Break

10:45am - 11:45am

VII. Special Presentation: 988 Suicide and Crisis Lifeline, Stacey Okihara, Frontier Behavioral Health

11:45am - 12:00pm

VIII. New Business continued

a) Reports continued

- b) Open MIC Session: Announcements, questions, concerns of interest relating to seniors and persons with a disability
- c) Other Business

Action Item

d) Adjournment

NOTE: Next PMC meeting date is January 27, 2023