



Spokane County Support Groups

Build a support system with people who understand.

Alzheimer's Association caregiver support groups, conducted by trained facilitators, are a safe place for caregivers, family and friends of persons with dementia to:

- Develop a support system
- Exchange practical information on caregiving challenges and possible solutions
- Talk through issues and ways of coping
- Share feelings, needs and concerns
- Learn about community resources

Deer Park

2nd Wednesday of each month, 1 to 2:30 p.m.
St. Mary Presentation Catholic Church
602 E. 6th St., Deer Park, WA 99006
Contact Paul J. Dionne: (509) 290-1816

Spokane North

2nd and 4th Monday of each month, 1 to 2:30 p.m.
St. Luke Lutheran Church
9704 N. Division St., Spokane, WA 99218
Contact Paul J. Dionne: (509) 290-1816

Spokane Downtown

3rd Tuesday of each month, 1:30 to 3 p.m.
First Presbyterian Church
318 S. Cedar St., Spokane, WA 99201
Contact Kim McKenna: (509) 207-7667

Spokane South (starting March 25)

4th Saturday of each month, 10:30 a.m. to 12 p.m.
Our Lady of Fatima Parish Office
1517 E. 33rd Ave., Spokane, WA 99203
Contact Kim McKenna: (509) 207-7667

Presented by:

Alzheimer's Association

Washington State Chapter

Serving Washington and Northern Idaho

24/7 Helpline (800) 272-3900

Visit www.alzwa.org to learn more about caregiver programs and resources.

See a full list of local support groups at alzwa.org/support-groups

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