Build a support system with people who understand. Alzheimer's Association caregiver support groups, conducted by trained facilitators, are a safe place for caregivers, family and friends of persons with Alzheimer's disease or other form of dementia. Alzheimer's Association Washington State Chapter Serving Washington and Northern Idaho

**Spokane County Support Groups**

**Deer Park**
2nd Wednesday of each month, 1-2:30pm.
St. Mary Presentation Catholic Church
602 E 6th St, Deer Park, WA 99006
Contact Paul Dionne: (509) 290-1816

**North Spokane**
2nd and 4th Monday each month, 1-2:30pm
St Luke Lutheran Church
9704 N Division St, Spokane, WA 99218
Contact Paul Dionne: (509) 290-1816

**Downtown Spokane**
3rd Tuesday each month, 1:30-3:00pm
First Presbyterian Church
318 S Cedar St, Spokane, WA 99201
Contact Kim McKenna: (509) 207-7667

**South Spokane**
4th Saturday each month, 10:30am-12pm
Our Lady of Fatima Parish Office
1517 E 33rd Ave.
Spokane, WA 99203
Contact Kim McKenna: (509) 207-7667

24/7 Helpline (800) 272-3900
Visit www.alzwa.org to learn more about caregiver programs and resources.
See a full list of virtual and in-person support groups at alzwa.org/support-groups