

Local Dementia Resources

for our faith communities



We all have a part to play in creating a dementia friendly community!



By the **Spokane Regional Dementia Friendly Community (DFC)**



A Member of the
Dementia Friendly
America Network



Familiarize yourself with these resources & consider hosting training or education opportunities!

1. Dementia Friends Training

A Dementia Friend learns about memory loss and then turns that understanding into action. Anyone can become a Dementia Friend by attending a one-hour information session. [Click Here](#) to learn more about this program and join the movement today!

2. Dementia Resource Guide

A local resource list and roadmap for those living with dementia and their care partners. A variety of supports are available. [Click Here](#) to access or print.

3. Spokane County Library District's (SCLD) "Stay Sharp" Toolkits

Embark on adventures together with those living with dementia or memory loss by checking out a SCLD "Stay Sharp" toolkit. These kits feature a variety of activities and topics, and can be found on the SCLD website by [Clicking Here](#).

4. Dementia Friendly America (DFA)

DFA has guides that provide information, resources, and actions that specific communities can take. This includes a Dementia Friendly Faith Communities Sector Guide which can be found by [Clicking Here](#).

For additional resources & support:

Please visit the Dementia & Memory Loss site:

[Click here](#)

(or) scan the QR Code

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