

OTHER SUPPORTIVE SERVICES

Aging and Long-Term Support Administration (AL TSA)	800-422-3263
American Red Cross	509-326-3330
Assistive Technology	800-214-8731
DDA (Developmental Disabilities)	509-329-2900
Hearing Aid Assistance	509-328-6900
Lilac Services for the Blind	509-328-9116
Lutheran Community Services	509-747-8224
Mental Health Support (NAMI)	509-838-5515
Parkinson's Resource Center	509-443-3361
Retired and Senior Volunteer Program (RSVP)	509-344-7787
Salvation Army	509-325-6810
Spokane County Veteran Services	509-477-3690
Veteran Affairs	800-562-2308
WA State Dept. of Services for the Blind	509-456-4458



Spokane County

ADVOCACY. ACTION. ANSWERS.

Information, Referral & Assistance

509-960-7281 | www.altcew.org



COMMUNITY LIVING CONNECTIONS PARTNERS

Alzheimer's Association, WA State Chapter Families with Alzheimer's and related dementias	800-272-3900
Avista Utilities Billing and payment options; assistance and referrals	800-227-9187
Catholic Charities Spokane Low-income elders and individuals with disabilities	509-358-4250
CHAS Health Quality Healthcare in your neighborhood	509-444-8200
Council on Aging (COA) Elders, individuals with disabilities in need of long-term service and support	509-397-8008
Disability Action Center Individuals with disabilities (S.E. WA and Northern ID)	509-606-4639
Frontier Behavioral Health / Raschko Branch Elders, individuals with disabilities, and caregivers	509-458-7450
Long Term Care Ombudsman/SNAP Elders and individuals with disabilities in licensed long-term care facilities	509-456-7133
Rural Resources Community Action Elders, individuals with disabilities, and caregivers	800-873-5889
Volunteers of America of Eastern WA & North Idaho Homeless individuals with disabilities and Veterans	509-624-2378

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For more listings, visit www.WACL.C.org



CONTACT US AT

HELPLINE: **509.960.7281**

OFFICE: **509.458.2509**

ALTCEW.ORG

ACTION@ALTCEW.ORG

1222 N. POST ST
SPOKANE, WA 99201

HEALTH/MEDICAL/DENTAL

Aging & Disability	509-960-7281
CHAS Health	509-444-8200
Frontier Behavioral Health	509-838-4651
Health Care Authority	800-562-3022
Hospice of Spokane	509-456-0438
Providence ElderPlace	509-482-2475
Spokane County Medical Society	509-325-5010
Spokane Regional Health District (SRHD)	509-324-1500
The NATIVE Project	509-483-7535
Visiting Nurses Association	509-534-4300
WA Apple Health Benefit Exchange	855-923-4633

INTERPRETER SERVICES

Spokane Intl. Translation	509-327-8064
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IN-HOME CARE SERVICES

AAging Better In-Home Care	509-464-2344
Addus Health Care	509-326-1090
Aging & Disability	509-960-7281
All Ways Caring Home Care	509-524-8380
Beneficial In-Home Care	509-323-0390
CenterWell Home Health	509-473-4900
Chesterfield Services	509-326-4655
Family Resource Home Care	509-473-4949
Havenwood	509-535-1546
Volunteer Chore Services	509-459-6171

EMPLOYMENT

AARP Senior Community Service Employment	509-325-7712
Dept. of Vocational Rehabilitation	509-363-4700
Home Care Ind. Provider	866-214-9899
Skills'kin	509-326-6760
SSI/SSDI Ticket to Work	866-968-7842
WorkSource Spokane	509-532-3120

HOME/HOUSING

Aging & Disability	509-960-7281
Catholic Charities	509-456-2279
Northwest Fair Housing	509-325-2665
Residential Care Services (DSHS)	509-323-7303
Spokane Housing Authority	509-328-2953
Spokane Indian Housing Authority	509-818-1460
Spokane Neighborhood Action Partners (SNAP)	509-456-7627

CRISIS SERVICES

24-Hour Crisis Line

Regional 877-266-1818

24-Hour Mental Health Crisis Line

Nationwide 988

Adult Protective Services

Statewide 877-734-6277

Washington Recovery Line

Statewide 866-789-1511

LEGAL/CONSUMER CONCERNS

AARP Volunteer Income Tax Assistance	888-227-7669
Better Business Bureau	208-342-4649
Block Watch (C.O.P.S.)	509-625-3300
CLEAR Low Income Legal Services	888-201-1014
CLEAR Senior Legal Services	888-387-7111
Crime Check	509-456-2233
Crime Stoppers	800-222-8477
Disability Rights	800-562-2702
Disabled Parking Permits	509-477-2222
DSHS LTC Complaint Hotline	800-562-6078
IRS Customer Service	800-829-1040
Legislative Hotline	800-562-6000
Medicaid Fraud	800-562-6906
Medicare Support	800-633-4227
Money Management Intl.	877-614-2227
Office of the Insurance Commissioner	800-562-6900
Property Tax Exemption	509-477-3698
Social Security Admin.	866-331-5532
Spokane County Guardianship	509-477-2622
Statewide Health Insurance Benefits Advisors (SHIBA)	509-625-4801
University Legal Assistance	509-313-5791
WA Attorney General	509-456-3123

NUTRITION

Greater Spokane County Meals on Wheels	509-924-6976
Meals on Wheels Spokane	509-456-6597
Second Harvest Food Bank	509-534-6678

SENIOR COMMUNITY CENTERS

Airway Heights Comm. Center	509-244-4845
American Indian Comm. Center	509-535-0886
Corbin Senior Activity Center	509-327-1584
Deer Park Senior Center	509-276-2411
East Central Comm. Center	509-868-0856
Hillyard Senior Center	509-482-0803
Mid-City Senior Center	509-747-3257
SW Spokane Comm. Center	509-624-8634
Sinto Senior Activity Center	509-327-2861
Southside Comm. Center	509-535-0803
Spokane Valley Senior Center	509-926-1937
West Central Comm. Center	509-326-9540

TRANSPORTATION

Catholic Charities (Volunteers)	509-459-6171
Special Mobility Services (SMS)	
Community Shuttles	509-534-7171
Medicaid Medical Appts.	509-534-9760
Shopper Service	509-957-4413
TDD	800-821-7167
Spokane Transit Authority (STA)	
Call Center	509-328-7433
Paratransit/Senior Rides	509-328-1552
TTY	711
Veteran Transportation Services	509-434-7537