

OTHER SUPPORTIVE SERVICES

Home and Community Living Administration (HCLA)	800-422-3263
American Red Cross	800-722-7267
Assistive Technology	800-214-8731
DDCS (Developmental Disabilities Comm. Services)	509-329-2900
Hearing Aid Assistance	509-328-6900
Lilac Services for the Blind	509-328-9116
Lutheran Community Services	509-747-8224
Mental Health Support (NAMI)	509-838-5515
Parkinson's Resource Center	509-443-3361
Retired and Senior Volunteer Program (RSVP)	509-344-7787
Salvation Army	509-325-6810
Spokane County Veteran Services	509-477-3690
Veteran Affairs	800-562-2308
WA State Dept. of Services for the Blind	509-456-4458

For more listings, visit www.WACL.org



CONTACT US AT

HELPLINE: 509.960.7281

OFFICE: 509.458.2509

ALTCEW.ORG

ACTION@ALTCEW.ORG

1313 N ATLANTIC ST, STE 3000

SPOKANE, WA 99201



Spokane County

ADVOCACY. ACTION. ANSWERS.

Information, Referral & Assistance

509-960-7281 | www.altcew.org



COMMUNITY LIVING CONNECTIONS PARTNERS

Alzheimer's Association, WA State Chapter

Families with Alzheimer's and related dementias

800-272-3900

Avista Utilities

Billing and payment options; assistance and referrals

800-227-9187

Catholic Charities Spokane

Low-income elders and individuals with disabilities

509-358-4250

CHAS Health

Quality Healthcare in your neighborhood

509-444-8200

Disability Action Center

Individuals with disabilities (N.E. WA and Northern ID)

509-606-4639

Frontier Behavioral Health / Raschko Branch

Elders, individuals with disabilities, and caregivers

509-458-7450

Long Term Care Ombudsman/SNAP

Elders and individuals with disabilities in licensed long-term care facilities

509-456-7133

Rural Resources Community Action

Elders and/or individuals with disabilities and in need of long-term service and support, and caregivers

509-684-3932

Volunteers of America of Eastern WA & North Idaho

Homeless individuals with disabilities and Veterans

509-624-2378

This publication is made possible by funding from the Older Americans Act and the Senior Citizens Services Act and may be made available in alternative formats upon request. No person shall be excluded from participation in, be denied the benefits of, or employment in, or otherwise be subjected to discrimination under any ALTCEW program or activity on the grounds of race, color, creed, national origin, religion, sex, age, marital status, Vietnam era or disabled veteran's status, or the presence of any sensory, mental, or physical handicap.



HEALTH/MEDICAL/DENTAL

Aging & Disability (Information/Assistance)	509-960-7281
CHAS Health	509-444-8200
Frontier Behavioral Health	509-838-4651
Health Care Authority	800-562-3022
Hospice of Spokane	509-456-0438
Providence Adult Day Health	509-482-2475
Spokane County Medical Society	509-325-5010
Spokane Regional Health District (SRHD)	509-324-1500
The NATIVE Project	509-483-7535
WA Apple Health Benefit Exchange	855-923-4633

INTERPRETER SERVICES

Spokane Intl. Translation	509-327-8064
---------------------------	--------------

IN-HOME CARE SERVICES

AAging Better In-Home Care	509-464-2344
Addus Health Care	509-326-1090
Aging & Disability (Information/Assistance)	509-960-7281
All Ways Caring Home Care	509-524-8380
CenterWell Home Health	509-473-4900
Chesterfield Services	509-326-4655
Compassus (Providence Home Health)	509-534-4300
Family Resource Home Care	509-473-4949
Havenwood	509-535-1546
Volunteer Chore Services	509-459-6184

EMPLOYMENT

AARP Senior Community Service Employment	509-325-7712
Dept. of Vocational Rehabilitation	509-363-4700
Home Care Ind. Provider	866-214-9899
Tessera	509-326-6760
SSI/SSDI Ticket to Work	866-968-7842
WorkSource Spokane	509-532-3109

HOME/HOUSING

Aging & Disability (Information/Assistance)	509-960-7281
Catholic Charities	509-456-2279
Northwest Fair Housing	509-325-2665
Residential Care Services (DSHS)	509-323-7303
Spokane Housing Authority	509-328-2953
Spokane Indian Housing Authority	509-818-1460
Spokane Neighborhood Action Partners (SNAP)	509-456-7627

CRISIS SERVICES

24-Hour Crisis Line

Regional 877-266-1818

24-Hour Mental Health Crisis Line

Nationwide 988

Adult Protective Services

Statewide 877-734-6277

Washington Recovery Line

Statewide 866-789-1511

LEGAL/CONSUMER CONCERNS

AARP Volunteer Income Tax Assistance	888-227-7669
Better Business Bureau	208-342-4649
Block Watch (C.O.P.S.)	509-625-3300
CLEAR Low Income Legal Services	888-201-1014
CLEAR Senior Legal Services	888-387-7111
Crime Check	509-456-2233
Crime Stoppers	800-222-8477
Disability Rights	800-562-2702
Disabled Parking Permits	509-477-2222
DSHS LTC Complaint Hotline	800-562-6078
IRS Customer Service	800-829-1040
Legislative Hotline	800-562-6000
Medicaid Fraud	800-562-6906
Medicare Support	800-633-4227
Money Management Intl.	877-614-2227
Office of the Insurance Commissioner	800-562-6900
Property Tax Exemption	509-477-3698
Social Security Admin.	866-331-5532
Spokane County Guardianship	509-477-2622
Statewide Health Insurance Benefits Advisors (SHIBA)	509-625-4801
University Legal Assistance	509-313-5791
WA Attorney General	509-456-3123

NUTRITION

Aging & Disability (Information/Assistance)	509-960-7281
Greater Spokane County Meals on Wheels	509-924-6976
Meals on Wheels Spokane	509-456-6597
Second Harvest (Info Only)	509-534-6678

SENIOR/COMMUNITY CENTERS

Airway Heights Comm. Center	509-244-4845
American Indian Comm. Center	509-535-0886
Corbin Senior Activity Center	509-327-1584
Deer Park Senior Center	509-276-2411
MLK Comm. Center	509-868-0856
Hillyard Senior Center	509-482-0803
Mid-City Senior Center	509-747-3257
SW Spokane Comm. Center	509-624-8634
Sinto Senior Activity Center	509-327-2861
Southside Comm. Center	509-535-0803
Spokane Valley Senior Center	509-926-1937
West Central Comm. Center	509-326-9540

TRANSPORTATION

Catholic Charities (Volunteers)	509-459-6171
Special Mobility Services (SMS)	
Community Shuttles	509-534-7171
Medicaid Medical Appts.	509-534-9760
Shopper Service	509-957-4413
TDD	800-821-7167
Spokane Transit Authority (STA)	
Call Center	509-328-7433
Paratransit/Senior Rides	509-328-1552
TTY	711
Veteran Transportation Services	509-434-7537